

# Curriculum Nutritional Medicine 2025

1<sup>st</sup> of April 2025, 4:15 - 5:00 pm

## Low FODMAP diet: from theory to clinical application

**Prof. Dr. Sandra Jent**, Department of Health Professions, Division of Nutrition and Dietetics, Bern University of Applied Sciences

6<sup>th</sup> of May 2025, 4:15 - 5:00 pm

## Nutrition and kidney stones

**Prof. Dr. Daniel Fuster**, Department of Nephrology and Hypertension, Inselspital

**Prof. Dr. Dr. Lia Bally**, Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital

3<sup>rd</sup> of June 2026, 4:15 - 5:00 pm

## Antiinflammatory nutrition

**Prof. Dr. Britta Maurer**, Department of Rheumatology and Immunology, Inselspital

**Prof. Dr. Dr. Lia Bally**, Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital

2<sup>nd</sup> of September 2025, 4:15 - 5:00 pm

## Culinary medicine and culinary nutrition education

**Prof. Dr. Tamara Bucher**, Department of Health Professions, Division of Nutrition and Dietetics, Bern University of Applied Sciences

4<sup>th</sup> of November 2025, 4:15 - 5:00 pm

## Inborn errors of metabolism and pregnancy

**PD Dr. Dr. Michel Hochuli**, Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital

2<sup>nd</sup> of December 2025, 4:15 - 5:00 pm

## Nutrition for muscle health

**Prof. Dr. Undine Lehmann**, Department of Health Professions, Division of Nutrition and Dietetics, Bern University of Applied Sciences

The curriculum Nutritional Medicine targets physicians and specialists in nutritional medicine, pharmacists, dietitians, nursing staff, food scientists/technologists and researchers. The goal of the curriculum is 3-fold: 1) Sparking interest and enthusiasm, 2) Transferring knowledge, 3) Fostering exchange and collaborations

## Rules

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Please note that the Curriculum is accredited by SGED, SGAIM and GESKES and can be assigned to the CAS in Clinical Nutrition. For confirmation of your attendance please contact [direktionsoffice.udem@insel.ch](mailto:direktionsoffice.udem@insel.ch)

## Program committee

**Prof. Dr. med. Dr. phil. Lia Bally**

**PD Dr. med. Dr. sc. nat. Michel Hochuli**

Departement of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital, Bern University Hospital and University of Bern

**Prof. Dr. sc. nat. Tamara Bucher**

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**Zoom-Link**  
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**466992**